



Basis for selection of LSERSA Squad Oct 2004



Squad selection panel:

1. Carolyn Pirkhoffer
2. Des Pirkhoffer

Guiding principles:

1. Equal numbers of Male & Female racers will be offered places
2. Regional Squad training is open to all age groups
3. Squad training should enable new coaches to work with experienced coaches to the benefit of the athletes & the region
4. Coach to racer ratios should be ~ 1:10
5. Training events should be held around the region

Selection criteria:

- a) In order to be eligible for selection, racers must be a member of an LSERSA club. (That club must also have registered its intention to support LSERSA as its first region if applicable).
- b) The following is the list of clubs who had eligible racers at the time of selection:
 - a. Aldershot
 - b. Beckton
 - c. Bowles
 - d. Brentwood Park
 - e. Bromley
 - f. Folkestone
 - g. JNA
 - h. Sandown Park
 - i. Surbiton High School
 - j. Wycombe
- c) A total of ten places will be made available in each age group (5 male / 5 female)
- d) Age groups will be as per LSERSA summer race league: (U9, U11, U13, U15, U17, U19, U35, O35)
- e) Primary selection will be based on the LSERSA summer race league, this rewards racers who have supported the region
- f) Secondary selection will be based on SSE seed points (SSE4_5 for this selection)
- g) For the U9 & U11 age groups selection will only be based on results from the LSERSA Summer Race League. This is to avoid issues relating to seed list eligibility.
- h) *Team* selection for all events will be carried out by the coaches who have worked with the squad during the year. Team selection will only be available to squad members.
- i) Racers whose club details are not accurately recorded on the SSE4_5 seed list should contact the selectors for consideration.



L&SERSA Race Squad
October 2004
Ordered by Gender and Seed Points



REGNO	SURNAME	FORENAME	SEX	YOB	CLUB1	CLUB2	SSE POINT
10279	RAWLINGS-BROWN	Zoe	F	1985	BRO	K	11.54
12796	WILSON	Nicola	F	1988	BWP	JNA	18.81
6231	BARTLETT	Sally	F	1975	WYC		24.93
11936	CALLANDER	Anouska	F	1988	WYC		28.36
10773	O'NEILL	Rebecca	F	1987	SPR	SPR	30.83
10280	RAWLINGS-BROWN	Nicole	F	1983	BRO	K	35.40
12782	EARL	Katherine	F	1986	JNA	SC	36.52
13616	FINDLAY	Christine	F	1987	WYC		37.66
12357	SIMONDS	Francesca	F	1990	WYC	BSA	39.41
14122	PENNOCK	Christina	F	1986	ASR		47.40
12806	PLANK	Jennifer	F	1986	BRO	DRA	54.00
13841	BILTON	Kirstie	F	1991	JNA	SC	59.09
13765	EVANS	Charlotte	F	1991	JNA	SPR	74.23
12570	ALLDRIDGE	Amanda	F	1991	SPR	SPR	81.77
14900	LUCK	Stacey	F	1989	BRO		82.72
14144	BARBER	Kathryn	F	1990	WYC	WYC	90.99
12854	THOMAS-JACKSON	Alessia	F	1993	WYC	SC	94.56
12977	UNDERWOOD	Rachael	F	1988	FLK		103.69
14001	HARTE	Natalia	F	1992	SPR	SPR	104.45
14138	GOULD	Anjelica	F	1991	SUR	BSA	105.21
9777	CUNNINGHAM	Nicola	F	1983	ASR		107.72
14942	FREEZE	Danielle	F	1990	BRO		118.12
13821	STEVENS	Kirsty	F	1985	BRO		126.77
13137	MURPHY	Alice	F	1990	SUR	BSA	131.13
13448	FORD	Rebecca	F	1982	BWP		183.09
2161	HAWKINS	Rosemarie	F	1948	JNA		206.22
11248	GREENHALGH	Samantha	F	1984	SUR	GBG	212.92
14346	GIBB	Stephanie	F	1993	JNA		217.30
13814	GREENHALGH	Eloise	F	1993	SPR	SPR	225.39
17028	QURESHI	Raeesa	F	1993	JNA		284.70
13653	SIMONDS	Caroline	F	1961	WYC		338.49
14351	JESSE	Charlotte	F	1994	ASR	BSA	999.99
13952	ROGERS	Rachelle	F	1995	ASR	WYC	999.99
14978	STEWART	Eleanor	F	1995	BRO		999.99
13766	EVANS	Emily	F	1994	JNA	SPR	999.99
14439	HARTE	Giulia	F	1996	SPR	SPR	999.99
14994	MACAULAY	Alice	F	1995	SUR		999.99
14996	YOUNG	Amy	F	1995	SUR		999.99

REGNO	SURNAME	FORENAME	SEX	YOB	CLUB1	CLUB2	SSE POINT
10641	DRAKE	Edward	M	1986	WYC	K	11.64
11915	TELLING	Marc	M	1984	WYC		12.76
9694	CLARK	Benjamin	M	1985	BRO	K	28.27
12165	PLANK	Thomas	M	1983	BRO	DRA	34.03
12458	TELLING	Paul	M	1982	WYC	DRA	38.44
12513	HOLDAWAY	Daniel	M	1986	WYC	DRA	40.38
12943	ROBINSON	Oliver	M	1988	ALD	DHO	48.33
12738	OGDEN	Joe	M	1990	WYC	XSC	52.23
11814	WHEELER	Benjamin	M	1988	BRO	K	61.44
12870	BUCHANAN	Jack	M	1986	BRO		63.63
12356	ROWE	Andrew	M	1984	WYC		65.24
2257	ONDRUSZ	Tomasz	M	1965	BRO		69.25
12944	ROBINSON	Nicholas	M	1991	ALD	DHO	69.32
12946	GREENWOOD	James	M	1990	ASR	DHO	71.89
12358	DOW	Alexander	M	1986	WYC	WYC	71.89
12728	PAPANTONIOU	Lloyd	M	1990	WYC		72.34
12359	WHELAN	Peter	M	1989	SPR	SPR	88.69
12797	CURTIS	Daniel	M	1991	BWP	JNA	89.28
41233	OWEN	Michael	M	1989	BRO	K	96.85
93	ROBINSON	Andrew	M	1962	ALD		97.47
13312	WRENCH	Sam	M	1991	BRO	BSA	98.97
13813	KIRTON	Thomas	M	1993	JNA	BSA	116.78
12529	BELL	Martin	M	1991	WYC		125.70
13669	CRAWFORD	Nicholas	M	1991	JNA	BSA	126.20
10596	BUNTON	Paul	M	1963	JNA		131.94
10621	COLYER	Aaron	M	1985	BRO	K	145.46
9379	PROUDLOVE	Andrew	M	1958	BRO	WYC	146.27
14712	ASKEW	David	M	1993	JNA		157.01
14977	BRAIN	Michael	M	1993	BRO		210.07
14276	JESSE	Zak	M	1994	ASR	BSA	999.99
14997	ALLINGHAM	Jonathan	M	1988	JNA		999.99
13842	BILTON	Joe	M	1994	JNA	SC	999.99
14347	GIBB	James	M	1995	JNA		999.99
14297	MOSS	Maximillian	M	1996	JNA	JNA	999.99
17029	QURESHI	Rumaan	M	1997	JNA		999.99
17052	SHAH	Sawan	M	1988	WYC		999.99
	SEYMOUR	Luke	M	1995	JNA		
	MILES	Jordan	M	1995	JNA		
	CROWTHER	Christopher	M	1980	JNA		
	GIBB	Jim	M	1954	JNA		

Key	
	Medal Winner in LSERSA Summer League
	Selected on Seed points