



**LONDON & SOUTH EAST REGIONAL SKI ASSOCIATION
2010 SUMMER RACE LEAGUE**



SUPERSTARS FITNESS COMPETITION

Prizes are awarded to the best effort at each race. One person cannot win more than one race prize.

Prizes are also awarded for the best total number of points over the season.

Surname	Forename	Club	Sex	Year	Press-Ups		Plank	Wall Sit		Crunchies		Push-Ups	Total
					Welwyn	Bowles		Brentwood	Bromley	Aldershot			
Keys	Georgia	Wyc	F	2001	2	4		6		6		8	26
Lewington	Caitlin	Bro	F	1999	10	1						10	21
Boty	Carys	Wyc	F	1999				2		10		8	20
Moore	Danica	Bro	F	2000				10		1		4	15
Owens	Laura	Bow	F	1993			10	4					14
Rota	Morgan	Wyc	F	1997	4					4			8
Cooper	Yasmin	Sou	F	1998	6								6
Lupton	Pip	Bro	F	1999			6						6
Ashman	Olivia	Flk	F	2001	1	2		1					4
Symons	Rachel	Flk	F	1993						2			2
Williams	Harry	Flk	M	1994	6			10		10		10	36
Brown	Jack	Flk	M	1995	10	6		10				8	34
Owens	Chistopher	Bow	M	1999		2		10					12
Deighton	Harry	Ald	M	2000	4							6	10
Weir	Russell	Bow	M	1992			10						10
Southall	Kieren	Flk	M	1995						6		1	7
Symons	Daniel	FLK	M	1995						2		4	6
Loukaras	George	Cht	M	1997						4			4
Southall	Frazer	Flk	M	1997			4						4
Ashman	Alex	Flk	M	2000	1			1					2
McDonald-Proctor	Richard	Cht	M	1999				2					2
Penning-Lambert	Joshua	Wyc	M	1998	2								2
Gaskin	Sam	Bow	M	2000			1						1
Tuck	Greg	FLK	M	1995						1			1
Davey	Joseph	SPR	M	2000								2	

